

YOUTH ACTION.



Youth Summer Programme

June - Sept 2010

for young people aged 16-25

<p>Listening Skills Training This is an introductory session about listening skills & developing appropriate responses. Date: 26 July (1.30pm - 4pm) Express interest by: 12 July</p>	<p>RTB Drugs & Alcohol An information-packed session looking at risk taking behaviours that affect young people such as drugs and alcohol. Date: 3 August (10am - 12pm) Express interest by: 20 July</p>	<p>Youth Voice - Library Project Get involved in shaping library services for young people through workshops. Date: Weekly from 11 August - 25 August (1pm - 3pm) Express interest by: 28 July</p>	<p>Fitness & Self Defense Get yourself fit and learn some cool self Defense moves. Date: 26 August (2.30pm - 4pm) Express interest by: 12 August</p>
<p>A Trip Down Mill Lane An opportunity to explore Blackburn's history as a textile town & interview the cotton mill workers. Date: 27 July (10am - 4pm) Express interest by: 13 July</p>	<p>Card Making Taster Day Do you enjoy arts & crafts? Then get involved in this fun Card Making Activity Date: 3 August (1pm - 3.30pm) Express interest by: 20 July</p>	<p>Interview Skills Applying for a part time summer job? Brush up on your nterview skills and get that job. Date: 11 August (1.30pm - 4pm) Express interest by: 28 July</p>	<p>Football Tournament This is a fantastic opportunity for all you football lovers. Show off your football skills in a 5-a-side tournament. Date: 11 August (2.30pm - 5pm) Express interest by: 28 July</p>
<p>Career Building Training If you're finishing school this year and and don't know what career path to take then get yourself enrolled on to the Career Building Training. Date: 28 July (10am - 3pm) Express interest by: 14 July</p>	<p>Getting Ready for Uni Going uni this year? Find out all you need to know with the Getting Ready for Uni session. Date: 4 August (10am - 3pm) Express interest by: 21 July</p>	<p>Reproductive Health Learn about reproductive health, the different STI's and how you can protect yourself. Date: 17 August (10am - 12pm) Express interest by: 3 August</p>	<p style="text-align: center;">All activities are FREE*</p> <p style="text-align: center;">*Small charge for First Aid Training Course applicable.</p>
<p>Bollywood Dancing A fun filled session where you get to learn some exciting dance moves. Date: Weekly from 29 July - 26 August (6.30pm-8pm) Express interest by: 15 July</p>	<p>Being Assertive Learn about different behaviours and how to become more assertive. Date: 9 August (1.30pm - 4pm) Express interest by: 26 July</p>	<p>Cultural Awareness Training Learn about the different cultures of the world in the Raising Culture Awareness session. Date: 17 August (1.30pm - 4pm) Express interest by: 3 August</p>	
<p>First Aid Training Course Gain an extra qualification this summer and enrol yourself on to this Course. Date: 30 July (9am - 4.30pm) Cost: small charge applicable Express interest by: 16 July</p>	<p>Green Gym A fantastic opportunity to improve the environment. This programme involves a range of conservation activities. Date: 10 August (10am - 1pm) Express interest by: 27 July</p>	<p>Fishing Taster Day Catch live fish in this fun filled fishing adventure! Date: 18 August (10am - 3pm) Express interest by: 4 August</p>	

To book your place or for more info contact Youth Action on:



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